



A YEAR OF ALIGNMENT:

NEW YEAR TAROT SPREAD

"A Year of Alignment" Tarot Spread

Introduction:

Step into the New Year with intention, clarity, and empowerment. This Tarot spread is designed to guide you through meaningful reflection, letting go of what no longer serves you, and setting a clear path toward alignment with your highest potential.

To make the most of this experience, keep a journal or notebook nearby. Writing down the cards you draw, along with your insights and reflections, can help deepen your connection to the reading and provide a record to revisit throughout the year.

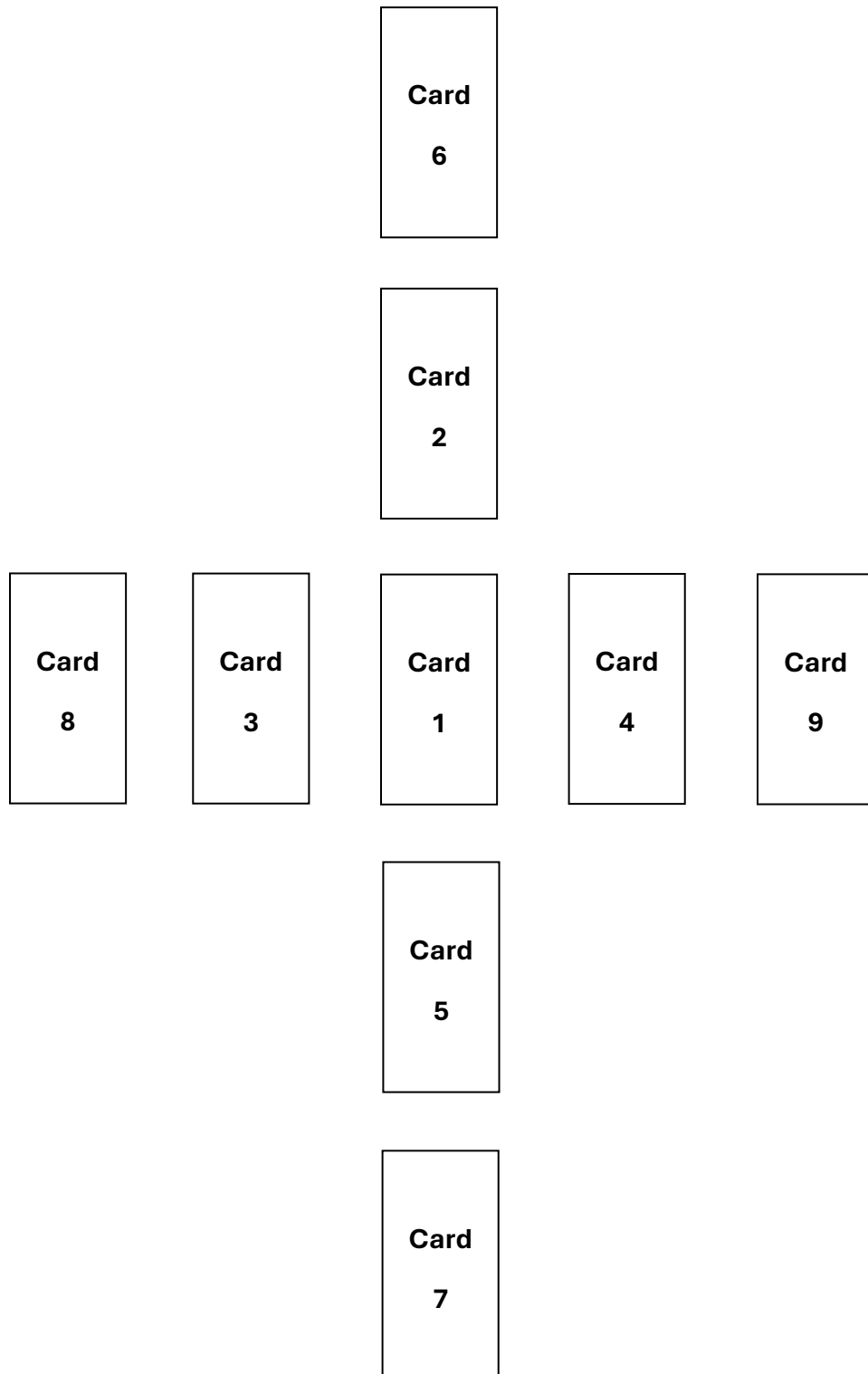
Instructions:

1. **Ground Yourself:** Find a quiet time and place where you won't be disturbed. Begin with a few deep breaths to center your energy. Light a candle or incense if desired.
2. **Set Your Intention:** Hold the deck and think about your goals for the year. Focus on the question, "What do I need to know to align with my highest potential in the coming year?"
3. **Shuffle:** Hold your intention (the question) in mind as you shuffle the cards. Take your time and allow yourself to feel calm and centered, as the cards are sensitive to the energy you bring to the reading. Whether you're feeling excited or uncertain, your energy will influence the process.
4. **Draw:** When you feel ready, draw one card at a time and place it in the designated formation, starting with you at the center with Card 1.
5. **Reflect:** Use the provided prompts to journal your insights for each card. Consider both individual meanings and the spread's overall message.
6. **Close the Reading:** Thank your cards, guides, or higher self for the insights received. Store the cards with intention, knowing the reading will guide you throughout the year.

Take your time with this spread, and remember to approach it with an open heart and mind. Your journey through the cards is uniquely yours, and each insight you gain will guide you toward a more aligned and empowered New Year.

Wishing you clarity, inspiration, and alignment,
Tish Niedzwiecki

"A Year of Alignment" Tarot Spread Layout

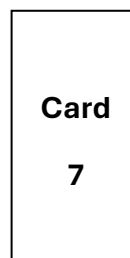
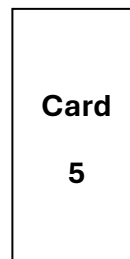
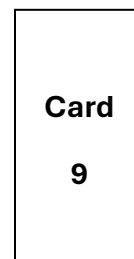
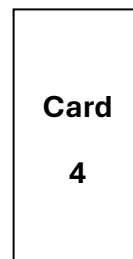
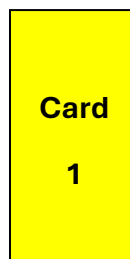
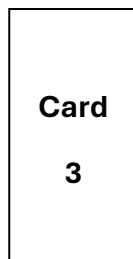
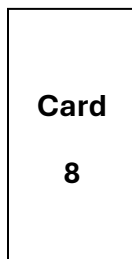


"A Year of Alignment" Tarot Spread Layout

Card 1: (You Now):

Place in the center.

- Represents your current energy as you enter the year.
- **Journaling Prompt:**
"What does this card reveal about where I am right now?"



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Card 2: Reflection (Past Year):

Above card 1.

- Highlights a key lesson or theme from the past year.
- **Journaling Prompt:** "How does this lesson help me as I move forward?"

Card

6

Card

2

Card

8

Card

3

Card

1

Card

4

Card

9

Card

5

Card

7

"A Year of Alignment" Tarot Spread Layout

Card 3: Release (What to Let Go Of):

To the left of card 1.

- Shows what you need to leave behind to move forward with clarity.
- **Journaling Prompt:**
"What am I holding onto that no longer serves me?"

Card

6

Card

2

Card

8

Card

3

Card

1

Card

4

Card

9

Card

5

Card

7

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Card 4: Focus (Where to Prioritize):

To the right of card 1.

- Points to where your energy and focus will be most impactful in the new year.
- **Prompt:** "How can I make this area a priority in my life?"

Card
6

Card
2

Card
8

Card
3

Card
1

Card
4

Card
9

Card
5

Card
7

"A Year of Alignment" Tarot Spread Layout

Card 5: Growth (Your Strengths):

Below card 1.

- Identifies the strengths or talents that will help you achieve your goals.
- **Journaling Prompt:** "How can I use this strength to overcome challenges and embrace opportunities?"

Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card

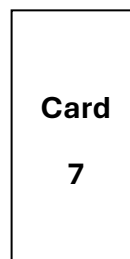
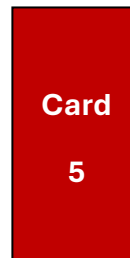
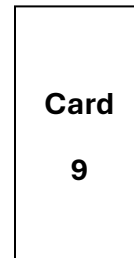
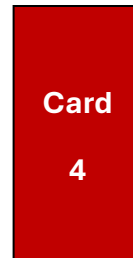
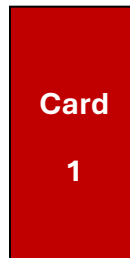
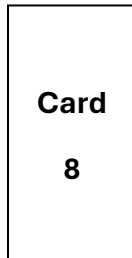
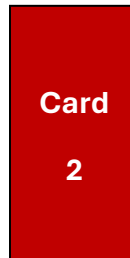
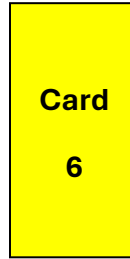
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Card 6: Opportunity (What's Coming):

Above card 2.

- Reveals an opportunity or unexpected gift the year holds for you.
- **Journaling Prompt:** "How can I prepare to embrace this opportunity fully?"



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Card 7: Challenge (What to Be Aware Of):

Below card 5.

- Brings awareness to a potential challenge or obstacle you may face.
- **Journaling Prompt:**
Prompt: "How can I navigate this challenge with grace and resilience?"

Card

6

Card

2

Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card 8: Guidance (Advice from Spirit):

To the left of card 3.

- Offers spiritual or intuitive advice to guide you through the year.
- **Journaling Prompt:** "How can I align with this guidance to stay on my path?"

Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card

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Card 9: Vision (Your Highest Potential):

To the right of card 4.

- Illuminates your highest potential or the best possible outcome for the year.
- **Journaling Prompt:**
"What steps can I take to align with my highest potential this year?"

Card

6

Card

2

Card

8

Card

3

Card

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Card

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Card

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Card

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Card

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